

The large scale habitat loss in the countryside, due to urban development and agriculture, has fragmented many birds' habitats and left fewer places to live and find the food they need.

Things to avoid

Salt

This is very bad for birds, please avoid giving them anything salted.

Mouldy and stale food

Many moulds are harmless but some can cause respiratory problems for birds, so best avoided.

Cooking fats

Leftover fats are breeding grounds for bacteria, that can be potentially harmful, even fatal to our little feathered friends.

How should I feed them?

There are many different feeders out there, which one is right for you depends on which birds you want to attract to your garden.

Bird feeding stations

These are fantastic options if you want to provide a number of different food options.



Seed feeders

Normally clear tubes with anywhere between two and six holes.



Peanut feeders

Mostly cylindrical, made with a wire mesh.



Suet and fat ball feeders

Also cylindrical in design, like peanut feeders but the openings are much larger.



What should I feed them?

Seeds

Attract Sparrows, Goldfinches, Nuthatches, Little & Great Spotted Woodpeckers. Sunflower seeds will attract Tits & Greenfinches.



Peanuts

Attract robins, great & blue tits, wrens & great spotted woodpeckers. You may also see nuthatches & coal tits collecting peanuts to hoard elsewhere.



Fresh fruits

Blackbirds really enjoy apples & pears, halved and left on either a bird table or on the ground.



Mealworms

Relished by robins, thrushes & tits.



Fat balls

These are excellent winter food, many of our smallest garden birds need to eat their body weight in fat daily to survive the cold nights.

Please remember to share your progress with us on our Facebook, Twitter or Instagram pages using #mywildlifepledge

